



SCHWARZSCHMIED Hotel & Spa

The South Tyrolean art of living at the yoga and design hotel Schwarzschnied

In Lana, nestled between vineyards and orchards and not far from Merano, the Dissertori family has created Hotel Schwarzschnied, an oasis where guests are meant to find space and time for their personal development. “Ideally, a stay with us will inspire you to live your life in an even better and more conscious way,” says host Klaus Dissertori, explaining the vision he pursued together with his mother Sieglinde in realising the first art of living hotel in South Tyrol.

The hoteliers have brought their vision to life by harmoniously combining holistic wellness with sophisticated design, fine art and local slow food cuisine. The effort has paid off: Schwarzschnied recently received the German Design Award for their new rooftop suites.

Yoga & wellness: in the name of balance

Regular yoga practice is also considered one of the essential elements for bringing body and soul into harmony at the Schwarzschnied. Therefore, two daily classes taught by yoga teacher Stefanie Dariz and alternating teachers from various yoga disciplines are integral to the hotel’s programme. Retreats with different focuses are also regularly planned. And for moments in between, those who want to practise yoga on their own can make use of the yoga mat in the room.

After a session on the yoga mat, in the mountains or on the golf course, guests can look forward to relaxing in the 1,000m² spa area. It features an indoor pool, a steam bath, saunas and a beautiful natural backdrop – which, thanks to the floor-to-ceiling windows, feels close enough to touch. From the Finnish sauna, guests enjoy an unobstructed view of the surrounding mountains. In the 20-metre-long outdoor pool, they can swim towards the vines. The massages and beauty treatments are also a special treat and can be booked at short notice. Only high-quality natural cosmetic products from Susanne Kaufmann are used in the Schwarzschnied wellness area. Another highlight for cold days? The open fireplace.

Architecture & design: nature in focus

For the architects of the hotel, which has been gradually modernised and expanded since 2014, the most important source of inspiration was the nature found outside the door. Fittingly, they worked almost exclusively with local materials, including larch and spruce wood typical of the region, marble from Vinschgau and porphyry slabs from Sarntal. Large window fronts allow the inside to merge seemingly seamlessly with the outside. Light colours, lots of wood and minimalist design: when furnishing the 68 light-flooded rooms and suites, which are spread among three buildings (the “Glücksschniede”, the Residence and the



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Main House), Schwarzschnied also focused on tranquillity and cosiness – and once again on regionality. Both the design and carefully selected furniture in the new rooms, the restaurant and parts of the lobby were created especially for the hotel by the Merano interior design studio Biquadra and produced by a local carpenter. In addition, a number of the lamps were created by the South Tyrolean product designer Harry Thaler, and the sheep's wool rugs were hand-woven in the area.

Art: unleashing the artist

At Hotel Schwarzschnied, even the art comes from South Tyrol. Hannes Egger from Lana is the man behind all the works that can be admired in the hotel, such as the abstract wall art in the rooms. With the keen eye of a graphic designer, the hotel owner's cousin creates his minimalist, archaic-looking paintings. The creative mind has also come up with something very special for visitors. In the new rooms, guests can become gallerists or unleash their inner artist by choosing their favourite works from 21 different motifs and hanging them on the wall – or they can continue working on pictures in a book provided.

Cuisine: from the garden to the table

In the 1,000m² Schwarzbauergarten garden, which dates back to the 17th century, fruit, vegetables and herbs are grown, harvested and turned into delicious and healthy dishes for the hotel restaurant "La Fucina" under the direction of head chef Andreas Pircher. The kitchen relies heavily on regional ingredients. The butter and honey come from South Tyrolean mountain pastures, the goat cheese is from an organic goat farmer in Ultental, and the organic and fair trade coffee is roasted in Völs. Even the pasta is made in-house. Vegans can also expect something special: from breakfast to the full menu, there are plant-based dishes prepared especially for them. In the Schwarzschnied bar and the Bistro Luce, the slow food principle is also upheld – with homemade organic lemonades and fruit juices as well as a variety of local beers and wines. The four-star hotel offers a range of more than 400 national and international wines of various vintages.



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Factsheet

#Rooms and suites

There are 68 light-flooded rooms and suites with large balconies, spread among the three buildings – the “Glücksschmiede”, the Residence and the Main House: from 36m2 double rooms for two to the new 75m2 rooftop suites for up to six guests.

There is also plenty of space for events: a seminar room for up to 30 people, a reading room in the neighbouring Schwarzbauerhof, and the 1,000m2 Schwarzbauergarten garden.

#Spa & fitness

Balance Spa with two spacious relaxation areas with a library, open fireplaces and glass fronts / sauna area with a panoramic Finnish sauna, outdoor sauna and steam bath / outdoor relaxation garden / fitness room on the ground floor with vineyard views / yoga room.

#Cuisine

Slow food cuisine at “La Fucina”: restaurant with buffet area, open kitchen and pasta made in-house / daily fresh vegan breakfast dishes and dinner menus / “Luce” bar and bistro: classic and newly interpreted long drinks, small regional snacks and wines from South Tyrol.

#Activities

E-bikes, mountain bikes and city bikes are available to hire / running seminars / golf at a discount/ guided themed hikes.

#Location

Hotel Schwarzschnied is located in the vineyards in the centre of Lana. Free parking is available. Those travelling by train get off at the Burgstall/Lana stop and will be picked up from the train station. The nearest airports are in Innsbruck, Verona, Bergamo or Milan.

#Address

Schmiedgasse 6, 39011 Lana, South Tyrol

#Bookings & rates

Room rates start at 105 euros per person/night with breakfast. Prices vary depending on the booking period.

Book online at www.schwarzschnied.com or by phone at +39 0473 562800.



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